

A	GEMSTONE GUIDE
Abundance	<u>Agate</u> , <u>Aventurine</u> , <u>Bloodstone</u> , <u>Dendritic Agate</u> , <u>Diamond</u> , <u>Moonstone</u> , <u>Moss Agate</u> , <u>Prasiolite</u> , <u>Topaz</u>
ADD / ADHD	<u>Amethyst</u> , <u>Smokey Quartz</u>
Addictions	<u>Amethyst</u> , <u>Hematite</u> , <u>Lepidolite</u> , <u>Carnelian</u> , <u>Labradorite</u> , <u>Citrine</u> , <u>Jade</u> , <u>Garnet</u> , <u>Rose Quartz</u>
Allergies	<u>Ametrine</u> , <u>Aquamarine</u> , <u>Aventurine</u> , <u>Diamond</u> , <u>Brecciated Jasper</u> , <u>Lepidolite</u>
Alzheimer's	<u>Chalcedony</u> , <u>Lepidolite</u> , <u>Moss Agate</u> , <u>Rhodonite</u> , <u>Rose Quartz</u> , <u>Rutilated Quartz</u>
Anxiety	<u>Amethyst</u> , <u>Angelite</u> , <u>Carnelian</u> , <u>Hematite</u> , <u>Labradorite</u> , <u>Mother of Pearl</u> , <u>Rhodonite</u> , <u>Rutilated Quartz</u> , <u>Smokey Quartz</u> , <u>Tiger Eye</u>
Arthritis (also see <u>Rheumatoid Arthritis</u>)	<u>Amber</u> , <u>Apatite</u> , <u>Carnelian</u> , <u>Fluorite</u> , <u>Goldstone</u> , <u>Malachite</u> , <u>Obsidian</u> , <u>Rhodonite</u> , <u>Snowflake Obsidian</u> , <u>White Jade</u>
Asthma	<u>Magnetite</u> , <u>Malachite</u>
Astral Travel	<u>Angelite</u> , <u>Feldspar</u> , <u>Lepidolite</u>
Awareness ~ Self	<u>Anvolite</u> , <u>Chrysocolla</u> , <u>Feldspar</u> , <u>Lapis Lazuli</u> , <u>Selenite</u>
Awareness ~ Spiritual	<u>Amethyst</u> , <u>Ametrine</u> , <u>Angelite</u> , <u>Cat's Eye</u> , <u>Emerald</u> , <u>Lepidolite</u> , <u>Indigo Sapphire</u> , <u>Seraphinite</u> , <u>Sugilite</u>
B	
Balance - physical	<u>Fluorite</u>
Bipolar Disorder	<u>Lepidolite</u> , <u>Peridot</u>
Blood Pressure ~ balancing, regulating	<u>Aventurine</u> , <u>Charoite</u> , <u>Rhodochrosite</u>
Blood Pressure ~ lowering, reducing	<u>Chalcedony</u> , <u>Chrysocolla</u> , <u>Kyanite</u> , <u>Labradorite</u> , <u>Lapis Lazuli</u> , <u>Larvikite</u> , <u>Malachite</u> , <u>Rose Quartz</u> , <u>Sodalite</u> , <u>White Jade</u>
Breast Cancer	Please see my blog post about <u>Gemstones to Boost Immunity Whilst Fighting Breast Cancer</u> .
C	
Career	<u>Aventurine</u> , <u>Fuchsite</u>
Chronic Fatigue Syndrome "CFS"	<u>Amethyst</u> , <u>Ametrine</u> , <u>Blue Lace Agate</u> , <u>Carnelian</u> , <u>Citrine</u> , <u>Rutilated Quartz</u>
Childbirth & Labor	<u>White Agate</u> , <u>Jade</u> , <u>Malachite</u> , <u>Moonstone</u> , <u>Moss Agate</u> , <u>Opal</u> , <u>Pearl</u>
Circulation	<u>Anvolite</u> , <u>Aventurine</u> , <u>Bloodstone</u> , <u>Citrine</u> , <u>Goldstone</u> ,

	<u>Rhodochrosite, Snowflake Obsidian</u>
Concentration	<u>Agate, Ametrine, Apatite, Aragonite, Carnelian, Chrysoberyl, Citrine, Clear Quartz, Fluorite, Hematite, Pearl, Sapphire, Smokey Quartz</u>
Confidence	<u>Amber, Cat's Eye, Chrysoberyl, Chrysocolla, Citrine, Fluorite, Garnet, Goldstone, Hematite, Iolite, Fancy Jasper, Lapis Lazuli, Moss Agate, Onyx, Peridot, Rhodonite, Ruby, Sunstone, Tiger Eye, Topaz, Tourmaline</u>
Constipation	<u>Citrine</u>
Courage	<u>Agate, Anyolite, Aquamarine, Bloodstone, Bronzite, Carnelian, Cat's Eye, Black Diamond, Garnet, Goldstone, Hematite, Jasper, Kambaba Jasper, Lava Stone, Ruby, Tiger Eye, Variscite</u>
Creativity	<u>Botswana Agate, Amber, Ametrine, Angelite, Apatite, Aventurine, Bloodstone, Boulder Opal, Carnelian, Cat's Eye, Chalcedony, Chrysoberyl, Chrysocolla, Chrysoprase, Citrine, Coral, Diamond, Feldspar, Howlite, Brecciated Jasper, Picture Jasper, Lapis Lazuli, Larvikite, Moss Agate, Black Obsidian, Opal, Prasiolite, Pyrite, Rhodochrosite, Sapphire, Sardonyx, Tiger Iron, Turquoise, Vesuvianite</u>
D	
Dementia	<u>Blue Lace Agate, Chalcedony, Lepidolite, Rose Quartz</u>
Depression	<u>Agate, Amber, Amethyst, Ametrine, Yellow Apatite, Carnelian, Citrine, Coral, Lapis Lazuli, Lepidolite, Moss Agate, Rhodochrosite, Sapphire, Sardonyx, Smokey Quartz, Sunstone, Turquoise, Vesuvianite</u>
Diabetes	<u>Citrine, Emerald, Serpentine</u>
Digestion	<u>Apatite, Chrysoprase, Citrine, Labradorite, Obsidian, Topaz</u>
E	
Electromagnetic pollution	<u>Amazonite, Aventurine, Clear Quartz, Red Jasper, Yellow Jasper, Lepidolite, Malachite, Smokey Quartz, Sodalite</u>
Electromagnetic stress	<u>Amethyst, Bloodstone, Diamond</u>
Emphysema	<u>Rhodonite</u>
Energy (negative)	<u>Amazonite, Amber, Bloodstone, Calcite, Chalcedony, Charoite, Clear Quartz, Coral, Fluorite, Hematite, Jasper, Brecciated Jasper, Larvikite, Obsidian, Prasiolite, Pyrite, Rutilated Quartz, Black Tourmaline, Tourmaline Quartz, Turquoise</u>
Energy (physical - low)	<u>Brazilian Agate, Chalcedony, Chrysoprase, Citrine, Clear Quartz, Garnet, Goldstone, Hematite, Jasper, Zebra Jasper, Kyanite,</u>

	<u>Rutilated Quartz</u> , <u>Sardonyx</u> , <u>Topaz</u> , <u>Tourmaline</u> , <u>Turquoise</u>
Epilepsy	<u>Lepidolite</u>
F	
Fear	<u>Bulls Eye Agate</u> , <u>Amazonite</u> , <u>Amethyst</u> , <u>Angelite</u> , <u>Fancy Jasper</u> , <u>Kambaba Jasper</u> , <u>Picture Jasper</u> , <u>Labradorite</u> , <u>Magnetite</u> , <u>Moss Agate</u> , <u>Mother of Pearl</u> , <u>Smokey Quartz</u> , <u>Sugilite</u> , <u>Tiger Eye</u> , <u>Tourmaline</u> , <u>Vesuvianite</u>
Fertility	<u>Bulls Eye Agate</u> , <u>Carnelian</u> , <u>Chrysoprase</u> , <u>Jade</u> , <u>Lava Stone</u> , <u>Moonstone</u> , <u>Pearl</u> , <u>Rhodonite</u> , <u>Rose Quartz</u> , <u>Rutilated Quartz</u> , <u>Unakite</u>
Fertility ~ plants	<u>Moss Agate</u>
Fibromyalgia	<u>Amber</u> , <u>Amethyst</u> , <u>Aventurine</u> , <u>Blue Lace Agate</u> , <u>Citrine</u> , <u>Clear Quartz</u> , <u>Rose Quartz</u> , <u>Tourmaline Quartz</u>
Fidelity	<u>Chrysoprase</u> , <u>Diamond</u> , <u>Green Sapphire</u>
Focus	<u>Amethyst</u> , <u>Apatite</u> , <u>Yellow Aventurine</u> , <u>Emerald</u> , <u>Fuchsite</u> , <u>Hematite</u> , <u>Pearl</u> , <u>Yellow Sapphire</u> , <u>Tiger Eye</u>
G	
Grief	<u>Amethyst</u> , <u>Magnetite</u> , <u>Onyx</u> , <u>Picture Jasper</u> , <u>Rose Quartz</u> , <u>Rutilated Quartz</u> , <u>Sugilite</u>
Grounding	<u>Aragonite</u> , <u>Bloodstone</u> , <u>Cat's Eye</u> , <u>Charoite</u> , <u>Hematite</u> , <u>Black Jasper</u> , <u>Black Veined Jasper</u> , <u>Brecciated Jasper</u> , <u>Dalmation Jasper</u> , <u>Picasso Jasper</u> , <u>Lava Stone</u> , <u>Larvikite</u> , <u>Magnetite</u> , <u>Mookaite</u> , <u>Petrified Wood</u> , <u>Black Sapphire</u> , <u>Smokey Quartz</u> , <u>Tiger Eye</u> , <u>Tourmaline Quartz</u> , <u>Unakite</u>
Growths & Tumor's	<u>Bulls Eye Agate</u> , <u>Amethyst</u> , <u>Fluorite</u> , <u>Malachite</u>
Guidance	<u>Angelite</u> , <u>Blue Apatite</u> , <u>Fuchsite</u> , <u>Malachite</u> , <u>Selenite</u>
H	
Headaches	<u>Amethyst</u> , <u>Angelite</u> , <u>Cat's Eye</u> , <u>Rose Quartz</u> , <u>Smokey Quartz</u>
Hearing disorders	<u>Amethyst</u> , <u>Rhodonite</u> , <u>Shell</u>
Heart disorders/function	<u>Almandine</u> , <u>Angelite</u> , <u>Anylite</u> , <u>Aventurine</u> , <u>Charoite</u> , <u>Chrysoprase</u> , <u>Emerald</u> , <u>Garnet</u> , <u>Gold</u> , <u>Peridot</u> , <u>Rose Quartz</u> , <u>Smokey Quartz</u>
Heartburn	<u>Coral</u>
HIV	<u>Aventurine</u> , <u>Bloodstone</u> , <u>Carnelian</u> , <u>Emerald</u>

I	
Imagination	<u>Aventurine</u> , <u>Coral</u> , <u>Diamond</u> , <u>Jasper</u> , <u>Labradorite</u> , <u>Mother of Pearl</u> , <u>Shell</u>
Immune System	<u>Amethyst</u> , <u>Ametrine</u> , <u>Aquamarine</u> , <u>Blue Chalcedony</u> , <u>Clear Quartz</u> , <u>Fluorite</u> , <u>Garnet</u> , <u>Dalmation Jasper</u> , <u>Green Jasper</u> , <u>Kambaba Jasper</u> , <u>Picture Jasper</u> , <u>Lapis Lazuli</u> , <u>Lepidolite</u> , <u>Malachite</u> , <u>Mookaite</u> , <u>Moss Agate</u> , <u>Peridot</u> , <u>Sardonyx</u> , <u>Sodalite</u> , <u>Turquoise</u>
Insomnia	<u>Amethyst</u> , <u>Charoite</u> , <u>Hematite</u> , <u>Howlite</u> , <u>Lapis Lazuli</u> , <u>Sodalite</u>
Intelligence	<u>Cat's Eye</u> , <u>Emerald</u> , <u>Pyrite</u> , <u>Sodalite</u>
Intuition	<u>Amethyst</u> , <u>Aquamarine</u> , <u>Bloodstone</u> , <u>Cat's Eye</u> , <u>Chrysocolla</u> , <u>Citrine</u> , <u>Coral</u> , <u>Emerald</u> , <u>Iolite</u> , <u>Labradorite</u> , <u>Lapis Lazuli</u> , <u>Moonstone</u> , <u>Mother of Pearl</u> , <u>Peridot</u> , <u>Prasiolite</u> , <u>Sapphire</u> , <u>Shell</u> , <u>Smokey Quartz</u> , <u>Sodalite</u> , <u>Sunstone</u>
L	
Labor (see <u>Childbirth & Labor</u>)	
Lactation	<u>White Agate</u> , <u>Chalcedony</u> , <u>Chiastolite</u> , <u>Clear Quartz</u> , <u>White Howlite</u> , <u>Moonstone</u> , <u>White Opal</u> , <u>Selenite</u> , <u>Serpentine</u> , <u>White Turquoise</u>
Leg Ulcers	<u>Calcite</u>
Lethargy	<u>Yellow Apatite</u> , <u>Carnelian</u> , <u>Peridot</u> , <u>Ruby</u> , <u>Red Tiger Eye</u>
Letting go ~ possessions	<u>Prehnite</u>
Letting go ~ the past	<u>Rutilated Quartz</u>
Leukemia	<u>Alexandrite</u> , <u>Bloodstone</u> , <u>Cat's Eye</u> , <u>Clear Quartz</u> , <u>Chalcedony</u> , <u>Chrysocolla</u> , <u>Rose Quartz</u>
Logic	<u>Kyanite</u> , <u>Pyrite</u> , <u>Sodalite</u>
Love	<u>Agate</u> , <u>Almandine</u> , <u>Amethyst</u> , <u>Chrysocolla</u> , <u>Diamond</u> , <u>Emerald</u> , <u>Garnet</u> , <u>Jade</u> , <u>Lapis Lazuli</u> , <u>Magnetite</u> , <u>Moonstone</u> , <u>Opal</u> , <u>Prasiolite</u> , <u>Rhodochnrosite</u> , <u>Rhodonite</u> , <u>Rose Quartz</u> , <u>Sapphire</u> , <u>Strawberry Quartz</u> , <u>Sugilite</u> , <u>Topaz</u> , <u>Turquoise</u>
Love ~ Platonic	<u>Coral</u> , <u>Rose Quartz</u>
Love ~ Romantic	<u>Amber</u> , <u>Coral</u> , <u>Garnet</u> , <u>Rose Quartz</u> , <u>Turquoise</u>
Love ~ Self	<u>Amazonite</u> , <u>Feldspar</u> , <u>Lepidolite</u> , <u>Rhodochnrosite</u> , <u>Rhodonite</u> , <u>Rose Quartz</u>
Love ~ Spiritual	<u>Sugilite</u>

Love ~ Unconditional	<u>Apatite</u> , <u>Charoite</u> , <u>Chrysocolla</u> , <u>Emerald</u> , <u>Prehnite</u> , <u>Rose Quartz</u> , <u>Pink Sapphire</u> , <u>Variscite</u>
Love ~ Universal	<u>Amazonite</u> , <u>Amber</u> , <u>Rose Quartz</u> , <u>Selenite</u>
Loyalty	<u>Opal</u>
Luck	<u>Agate</u> , <u>Amber</u> , <u>Cat's Eye</u> , <u>Jade</u> , <u>Magnetite</u> , <u>Sapphire</u> , <u>Sardonyx</u> , <u>Sunstone</u> , <u>Tiger Eye</u>
M	
Manifestation	<u>Amazonite</u> , <u>Apatite</u> , <u>Aventurine</u> , <u>Diamond</u> , <u>Lapis Lazuli</u> , <u>Obsidian</u> , <u>Smokey Quartz</u> , <u>Snowflake Obsidian</u>
Meditation	<u>Amethyst</u> , <u>Apatite</u> , <u>Aquamarine</u> , <u>Aragonite</u> , <u>Chrysocolla</u> , <u>Kyanite</u> , <u>Lepidolite</u> , <u>Magnetite</u> , <u>Opalite</u> , <u>Pearl</u> , <u>Pyrite</u> , <u>Sapphire</u> , <u>Serpentine</u> , <u>Snowflake Obsidian</u> , <u>Variscite</u>
Memory	<u>Amethyst</u> , <u>Calcite</u> , <u>Carnelian</u> , <u>Blue Chalcedony</u> , <u>Clear Quartz</u> , <u>Emerald</u> , <u>Hematite</u> , <u>Howlite</u> , <u>Opal</u> , <u>Pyrite</u> , <u>Sapphire</u> , <u>Serpentine</u> , <u>Variscite</u>
Menopause	<u>Lepidolite</u> , <u>Moonstone</u>
Migraines	<u>Aventurine</u> , <u>Iolite</u> , <u>Rhodochrosite</u> , <u>Rose Quartz</u>
Multiple Sclerosis (MS)	<u>Amethyst</u> , <u>Bloodstone</u> , <u>Carnelian</u> , <u>Red Jasper</u> , <u>Lapis Lazuli</u> , <u>Malachite</u> , <u>Moonstone</u> , <u>Rhodochrosite</u> , <u>Rhodonite</u> , <u>Blue Sapphire</u> , <u>Sodalite</u> , <u>Watermelon Tourmaline</u>
Muscular System	<u>Amber</u> , <u>Aventurine</u> , <u>Carnelian</u> , <u>Coral</u> , <u>Emerald</u> , <u>Orange Goldstone</u> , <u>Kyanite</u> , <u>Sunstone</u>
Myalgia Encephalomyelitis "ME" (see <u>CFS</u>)	
N	
Nerve pain/damage	<u>Dendritic Agate</u> , <u>Fluorite</u> , <u>Seraphinite</u> , <u>Smokey Quartz</u> , <u>Topaz</u>
Nerve pain - trapped nerve	<u>Amazonite</u> , <u>Blue Lace Agate</u> , <u>Lepidolite</u>
Nervous System	<u>Amazonite</u> , <u>Amber</u> , <u>Ametrine</u> , <u>Aventurine</u> , <u>Cat's Eye</u> , <u>Charoite</u> , <u>Coral</u> , <u>Dendritic Agate</u> , <u>Hematite</u> , <u>Lapis Lazuli</u> , <u>Lepidolite</u> , <u>Malachite</u> , <u>Blue Sapphire</u> , <u>Shell</u> , <u>Yellow Topaz</u> , <u>Variscite</u>
Neuralgia	<u>Carnelian</u> , <u>Lepidolite</u>
O	
Osteoarthritis	<u>Amber</u> , <u>Green Aventurine</u>
Osteoporosis	<u>Amazonite</u> , <u>Chrysocolla</u> , <u>Coral</u> , <u>Howlite</u> , <u>Malachite</u>
P	

Panic attacks	<u>Rhodonite</u> , <u>Sodalite</u> , <u>Turquoise</u>
Perseverance	<u>Aventurine</u> , <u>Kyanite</u> , <u>Labradorite</u>
PMS	<u>Moonstone</u>
Pregnancy	<u>White Agate</u> , <u>Aquamarine</u> , <u>Moonstone</u> , <u>Unakite</u>
Prosperity	<u>Aventurine</u> , <u>Citrine</u> , <u>Diamond</u> , <u>Moss Agate</u> , <u>Prasiolite</u> , <u>Ruby</u> , <u>Sapphire</u> , <u>Tourmaline</u>
Protection	<u>Agate</u> , <u>Amethyst</u> , <u>Angelite</u> , <u>Bloodstone</u> , <u>Blue Lace Agate</u> , <u>Bronzite</u> , <u>Cat's Eye</u> , <u>Chrysoberyl</u> , <u>Citrine</u> , <u>Coral</u> , <u>Dendritic Agate</u> , <u>Fluorite</u> , <u>Hematite</u> , <u>Jade</u> , <u>Jasper</u> , <u>Black Jasper</u> , <u>Red Jasper</u> , <u>Yellow Jasper</u> , <u>Lapis Lazuli</u> , <u>Larvikite</u> , <u>Malachite</u> , <u>Mookaite</u> , <u>Mother of Pearl</u> , <u>Obsidian</u> , <u>Black Obsidian</u> , <u>Prehnite</u> , <u>Pyrite</u> , <u>Rutilated Quartz</u> , <u>Black Sapphire</u> , <u>White Sapphire</u> , <u>Sardonyx</u> , <u>Tiger Eye</u> , <u>Tourmaline</u> , <u>Tourmaline Quartz</u> , <u>Turquoise</u>
Psychic enhancement	<u>Amazonite</u> , <u>Amethyst</u> , <u>Angelite</u> , <u>Anyolite</u> , <u>Apatite</u> , <u>Chrysocolla</u> , <u>Clear Quartz</u> , <u>Emerald</u> , <u>Kyanite</u> , <u>Labradorite</u> , <u>Larvikite</u> , <u>Obsidian</u> , <u>Opal</u> , <u>Opalite</u> , <u>Pyrite</u> , <u>Indigo Sapphire</u> , <u>Serpentine</u> , <u>Snowflake Obsidian</u>
PTSD (Post Traumatic Stress Disorder)	<u>Amethyst</u> , <u>Lepidolite</u> , <u>Rhodonite</u> , <u>Rose Quartz</u> , <u>Black Tourmaline</u>
R	
Rheumatism	<u>Amber</u> , <u>Carnelian</u>
Rheumatoid Arthritis	<u>Amber</u> , <u>Chrysocolla</u> , <u>Emerald</u> , <u>Fluorite</u> , <u>Garnet</u> , <u>Magnetite</u> , <u>Malachite</u> , <u>Smokey Quartz</u> , <u>Black Tourmaline</u>
S	
Safe travel	<u>Dendritic Agate</u> , <u>Moonstone</u>
Safe travel ~ on water	<u>Aquamarine</u> , <u>Coral</u>
Sciatica	<u>Lepidolite</u>
Self confidence	<u>Amber</u> , <u>Chrysocolla</u> , <u>Citrine</u> , <u>Fluorite</u> , <u>Garnet</u> , <u>Goldstone</u> , <u>Hematite</u> , <u>Iolite</u> , <u>Fancy Jasper</u> , <u>Lapis Lazuli</u> , <u>Moss Agate</u> , <u>Onyx</u> , <u>Peridot</u> , <u>Rhodonite</u> , <u>Ruby</u> , <u>Tiger Eye</u> , <u>Yellow Topaz</u> , <u>Tourmaline</u>
Self esteem	<u>Anyolite</u> , <u>Carnelian</u> , <u>Charoite</u> , <u>Citrine</u> , <u>Hematite</u> , <u>Moss Agate</u> , <u>Sodalite</u>
Self-worth	<u>Chrysoberyl</u> , <u>Fuchsite</u> , <u>Kambaba Jasper</u> , <u>Opal</u> , <u>Rhodochrosite</u> , <u>Rose Quartz</u> , <u>Sunstone</u>
Spirituality	<u>Calcite</u> , <u>Gold</u> , <u>Opalite</u> , <u>Selenite</u> , <u>Sugilite</u>
Stomach Ulcer	<u>Rhodonite</u> , <u>Sunstone</u>

Strength	<u>Agate</u> , <u>Almandine</u> , <u>Amber</u> , <u>Ametrine</u> , <u>Aquamarine</u> , <u>Aragonite</u> , <u>Cat's Eye</u> , <u>Citrine</u> , <u>Diamond</u> , <u>Fancy Jasper</u> , <u>Hematite</u> , <u>Iolite</u> , <u>Kyanite</u> , <u>Labradorite</u> , <u>Lava Stone</u> , <u>Magnetite</u> , <u>Moonstone</u> , <u>Moss Agate</u> , <u>Obsidian</u> , <u>Onyx</u> , <u>Opalite</u> , <u>Petrified Wood</u> , <u>Picasso Jasper</u> , <u>Rutilated Quartz</u> , <u>Blue Sapphire</u> , <u>Sardonyx</u> , <u>Tiger Iron</u> , <u>Tourmaline</u> , <u>Tourmaline Quartz</u> , <u>Turquoise</u>
Stress	<u>Amber</u> , <u>Amethyst</u> , <u>Ametrine</u> , <u>Aquamarine</u> , <u>Aragonite</u> , <u>Charoite</u> , <u>Fluorite</u> , <u>Fuchsite</u> , <u>Howlite</u> , <u>Jasper</u> , <u>Kyanite</u> , <u>Labradorite</u> , <u>Lapis Lazuli</u> , <u>Lepidolite</u> , <u>Moonstone</u> , <u>Moss Agate</u> , <u>Mother of Pearl</u> , <u>Obsidian</u> , <u>Peridot</u> , <u>Rhodochrosite</u> , <u>Smokey Quartz</u> , <u>Sunstone</u> , <u>Blue Tiger Eye</u>
Success	<u>Amber</u> , <u>Aventurine</u> , <u>Carnelian</u> , <u>Citrine</u> , <u>Garnet</u> , <u>Moonstone</u> , <u>Moss Agate</u> , <u>Prasiolite</u> , <u>Variscite</u>
T	
Thyroid	<u>Angelite</u> , <u>Aquamarine</u> , <u>Blue Lace Agate</u> , <u>Kyanite</u> , <u>Rhodochrosite</u> , <u>Blue Sapphire</u>
Travel sickness	<u>Malachite</u>
Tumor's (See <u>Growths & Tumor's</u>)	
U	
Ulcers (See also - <u>Leg Ulcers</u> and <u>Stomach Ulcers</u>)	<u>Fluorite</u> , <u>Peridot</u>
V	
Vertigo	<u>Diamond</u> , <u>Lapis Lazuli</u> , <u>Malachite</u> , <u>Rose Quartz</u>
W	
Wealth	<u>Agate</u> , <u>Chrysoberyl</u> , <u>Citrine</u> , <u>Moss Agate</u> , <u>Ruby</u> , <u>Yellow Sapphire</u>
Weight gain	<u>Unakite</u>
Weight loss	<u>Angelite</u> , <u>Apatite</u> , <u>Green Jasper</u> , <u>Iolite</u> , <u>Picasso Jasper</u> , <u>Seraphinite</u> , <u>Yellow Jasper</u>
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Birthstones

January Birthstone: Garnet

February Birthstone: Amethyst

March Birthstones: Aquamarine, Bloodstone

April Birthstones: Diamond, Clear Quartz

May Birthstones: Emerald, Chrysoprase

June Birthstones: Pearl, Moonstone, Alexandrite

July Birthstones: Ruby, Carnelian

August Birthstones: Peridot, Sardonyx

September Birthstones: Blue Sapphire, Lapis Lazuli

October Birthstones: Opal, Pink Tourmaline

November Birthstones: Yellow Topaz, Citrine

December Birthstones: Turquoise, Blue Topaz, Tanzanite, Zircon